

LOCAL FARM FRESH FOOD DELIVERY!

The Kentucky Food Independence Co-op is a private food co-op, all healthy food provided by Ky farmers. Nutrient dense foods like...

- farm fresh milk & dairy products
- goat's milk
- pastured eggs & chicken
- pastured meats
- baked goods
- local honey 
- organic sourdough bread
- home made soaps & tinctures
- local CBD products
- + traditional supplements

Scan for details



or visit realfoodky.com

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